



PHYSICAL MEDICINE & REHABILITATION

Ahsen Ercan, Physiotherapist

Acibadem Altunizade Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
10+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Acute injuries · Chronic pain



HOSPITAL

Acibadem Altunizade Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Ahsen Ercan's work covers the range of rehabilitation needs that arise from injury, surgery, and long-standing pain. In acute injuries, the aim is usually to protect the affected tissue while restoring movement and load tolerance in a controlled, stepwise way. In post-operative rehabilitation, she works alongside the surgical plan to help patients regain range of motion, strength, and function in the affected joint or limb.

The methods she uses include manual therapy and therapeutic exercise, applied within a program that is planned and adjusted for the individual patient. Functional restoration is a central goal: the focus is on the tasks a patient needs to perform at home, at work, or in sport, rather than on isolated measurements alone.

Acute injuries

Chronic pain

Post-operative rehabilitation

Musculoskeletal rehabilitation

Individualized rehabilitation programs



INTERNATIONAL PATIENTS

Ahsen Ercan consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, operative notes, and discharge summaries, and arranges appointments and the hospital visit itself.



CONDITIONS TREATED

Acute injuries

Chronic pain

Functional restoration

Preventative strategies



EDUCATION & TRAINING

2020

Üsküdar University Health Sciences Institute

2016

Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2022

Acibadem Healthcare Services



PROCEDURES PERFORMED

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation

Manual therapy

Therapeutic exercise



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Ahsen Ercan about your case

Reply within 24 hours