



NUTRITION & DIET

Asel Özcan, Dietitian

Acibadem Maslak Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Nutrition & Diet



FOCUS
Nutrition for
Cardiovascular Diseases · ...



HOSPITAL
Acibadem Maslak Hospital,
İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

A central area of her work is nutrition for cardiovascular diseases. For patients living with heart or vascular conditions, dietary choices are one of several factors that may be addressed as part of overall care. Asel Özcan reviews a patient's current eating patterns and discusses adjustments that may be appropriate given the diagnosis, any medications, and the recommendations of the cardiology team.

She also focuses on pregnancy nutrition and on dietary support for iron deficiency anemia. During pregnancy, nutritional requirements change, and a dietitian can help a patient understand how to meet those needs through food choices while taking into account personal preferences, tolerances, and any medical conditions identified by the obstetric team.

Nutrition for Cardiovascular Diseases

Pregnancy Nutrition

Iron Deficiency Anemia

Pregnancy nutrition



INTERNATIONAL PATIENTS

Asel Özcan consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports, including laboratory and pathology results, imaging reports such as MRI, CT, X-ray or ultrasound, operative notes and discharge summaries, and arranges appointments and...



CONDITIONS TREATED

Nutrition for cardiovascular diseases

Iron deficiency anemia



EDUCATION & TRAINING

2025

Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2026

Acibadem Healthcare Services



PROCEDURES PERFORMED

Anemia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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FREE CONSULTATION
Ask Asel Özcan about your case
 Reply within 24 hours