



PHYSICAL MEDICINE & REHABILITATION

Atahan Vardi, Physiotherapist

Acibadem Kartal Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Movement Disorders
Treatment · Robotic...



HOSPITAL

Acibadem Kartal Hospital,
İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Atahan Vardi works with patients who have movement disorders and with those affected by muscle and nerve disorders, including myopathies. In these conditions, physiotherapy is typically directed at assessing how the condition affects mobility, strength and daily function, and at planning exercises and hands-on techniques that address the identified limitations.

A further area of his practice is robotic rehabilitation, in which robot-assisted devices are used to support repetitive, guided movement training as part of a wider rehabilitation program. Whether such an approach is suitable depends on the individual patient's condition, goals and general health, and it is generally combined with conventional physiotherapy rather than replacing it.

Movement disorder treatment

Muscle and nerve disorders

Myopathies

Manual therapy

Robotic rehabilitation



INTERNATIONAL PATIENTS

Atahan Vardi speaks Turkish and English, and interpreters can be arranged for patients who need them. Before a visit, the international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Movement disorder treatment

Muscle and nerve disorders

Myopathies



EDUCATION & TRAINING

2020 Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2026 Acibadem Healthcare Services

2025–2026 Özel Başkent University Hospital

2020–2025 Özel Pendik Yüzyıl Hospital



PROCEDURES PERFORMED

Manual therapy

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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WEBSITE

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FREE CONSULTATION

Ask Atahan Vardi about your case

Reply within 24 hours