



PHYSICAL MEDICINE & REHABILITATION

Atiye Ayral, MD

Acibadem Kent Hospital (Izmir) · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
35+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Movement Disorders
Treatment · Physical...



HOSPITAL

Acibadem Kent Hospital
(Izmir)



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

A large part of Dr. Ayral's practice involves the assessment and non-surgical management of spinal conditions. This includes lumbar disc herniation and cervical disc herniation, as well as postural changes such as reduced lumbar lordosis and reduced cervical lordosis.

Dr. Ayral's other areas of expertise include:

Reduced lumbar lordosis

Muscle and nerve disorders

Movement disorder treatment

Pain management

Pelvic floor disorders and rehabilitation



INTERNATIONAL PATIENTS

Dr. Ayral consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory results, and discharge summaries, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Reduced lumbar lordosis

Muscle and nerve disorders

Movement disorder treatment

Pain management

Pelvic floor disorders and rehabilitation

Reduced cervical lordosis



EDUCATION & TRAINING

1999

Dokuz Eylül University Faculty of Medicine Physical Medicine and
Rehabilitation

1991

Erciyes University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2023

Acibadem Healthcare Services



PROCEDURES PERFORMED

Respiratory treatment and rehabilitation

Interventional pain management

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Physical Therapy and Rehabilitation Association
- Specialist Physicians Association



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Dr. Ayral about your case

Reply within 24 hours