



PHYSICAL MEDICINE & REHABILITATION

Ayşe Esra Sirmagül, MD

Acibadem Eskisehir Hospital · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
43+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Spinal Health · Movement
Disorders Treatment



HOSPITAL

Acibadem Eskisehir
Hospital



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

Dr. Sirmagül evaluates and treats conditions of the spine, including lumbar disc herniation and cervical disc herniation, as well as changes in spinal alignment such as reduced cervical curvature and lumbar hypolordosis.

Her second area of interest is the treatment of movement disorders and the rehabilitation of patients with muscle diseases and nerve diseases. These conditions can affect strength, coordination, balance and gait, and rehabilitation aims to maintain or improve function within the limits of the underlying condition.

Reduced cervical curvature

Lumbar hypolordosis

Spine health

Muscle diseases

Nerve diseases



INTERNATIONAL PATIENTS

Dr. Sirmagül speaks Turkish and English. For patients coming from abroad, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory results, operative notes and discharge summaries, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Reduced cervical curvature

Lumbar hypolordosis

Muscle diseases

Nerve diseases

Movement disorder treatment

Lumbar disc herniation



EDUCATION & TRAINING

2004 Osmangazi University Faculty of Medicine Physical Medicine and Rehabilitation

1992 Anadolu University Faculty of Medicine

1983–1986 Eskişehir Atatürk High School



PROFESSIONAL EXPERIENCE

2010 Acibadem Healthcare Services

2009–2010 Private Eskişehir BSK Anadolu Hospital — Physical Medicine and Rehabilitation Specialist

2004–2008 Private Fizyomer Physical Medicine and Rehabilitation Branch Center



PROCEDURES PERFORMED

Amputee rehabilitation

Cancer rehabilitation

Pediatric physical therapy

Hyperbaric oxygen therapy

Pulmonary rehabilitation

Vestibular rehabilitation



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Turkish Medical Association



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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WEBSITE

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Ask Dr. Sirmagül about your case

Reply within 24 hours