



INTERNAL MEDICINE

Assoc. Prof. Aysun Işıklar, MD

Acibadem Atasehir Hospital, İstanbul · Internal Medicine · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
19+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Internal MedicineFOCUS
Thyroid Diseases and TreatmentHOSPITAL
Acibadem Atasehir Hospital, İstanbulDEPARTMENT
Internal Medicine

CLINICAL FOCUS

Assoc. Prof. Aysun Işıklar, MD is an Internal Medicine specialist at Acibadem Ataşehir Hospital. She treats obesity, prediabetes and type 2 diabetes, thyroid disorders, anemia and fatty liver disease, and also has an interest in longevity applications. Her practice includes the evaluation and management of metabolic and general internal medicine concerns.

Assoc. Prof. Aysun Işıklar, MD is an Internal Medicine specialist at Acibadem Ataşehir Hospital, with clinical interests in obesity, prediabetes, type 2 diabetes, thyroid disorders, anemia, fatty liver disease and longevity applications. Her approach includes evaluating metabolic and internal medicine concerns in the context of each patient's overall health.

Obesity

Prediabetes

Type 2 Diabetes

Thyroid Disorders

Anemia



CONDITIONS TREATED

Obesity

Prediabetes

Type 2 diabetes

Thyroid disorders

Anemia

Fatty liver disease



EDUCATION & TRAINING

- 2025** Nutrition Management Training, İstanbul University Continuing Education Research and Application Center.
- 2024** Fellow of the European Federation of Internal Medicine
- 2014** İstanbul University İstanbul Faculty of Medicine Internal Medicine
- 2007** Üsküp Az.Kiril ve Metodiy University Faculty of Medicine



PROFESSIONAL EXPERIENCE

- 2019** Acibadem Healthcare Services
- 2018–2019** İstanbul Sancaktepe Şehit Prof. Dr. İlhan Varank Training and Research Hospital
- 2017–2018** Fatih Sultan Mehmet Training and Research Hospital
- 2015–2017** İstanbul Üsküdar Devlet Hospital
- 2010–2014** İstanbul University Faculty of Medicine, Internal Medicine Research Assistant



PROCEDURES PERFORMED

Longevity applications

Obesity treatment

Anemia treatment

Longevity

Liver disease treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Turkish Medical Association-İstanbul Medical Chamber



SELECTED PUBLICATIONS

- The association between HbA1c levels, olfactory memory and cognition in normal, pre-diabetic and diabetic persons...
- The Influence of Sarcopenia on High-Risk Neuroblastoma 2019/7/1,239/173 A.İşıklar, U.Safer, VB. Safer,

8 publications listed on the online profile



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