

## PSYCHIATRY



## Bahar Kaplan, MD

Acibadem Eskisehir Hospital · Psychiatry & Psychology · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE  
17+ years



LANGUAGES  
Turkish · English



CONSULTS  
Video · On-site



PATIENTS  
90+ countries



SPECIALTY  
Psychiatry



FOCUS  
Anxiety · Dependent  
Personality Disorder



HOSPITAL  
Acibadem Eskisehir  
Hospital



DEPARTMENT  
Psychiatry & Psychology



## CLINICAL FOCUS

Dr. Kaplan's work centers on the assessment and management of mood, anxiety, trauma-related, eating, and personality-related difficulties. She sees patients with anxiety and with bipolar disorder, conditions in which a careful history of symptoms over time helps to guide the choice of care.

A further area of her practice is eating disorders, which may require attention to both psychological and physical aspects of health. Dr. Kaplan also works with patients who have personality disorders, including dependent personality disorder. In each of these areas, her approach is to understand the patient's concerns, symptoms, and care needs before discussing which options may be appropriate.

Anxiety

Dependent Personality Disorder

Bipolar Disorder

Post-Traumatic Stress Disorder

Eating Disorders



## INTERNATIONAL PATIENTS

Dr. Kaplan consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports, including previous psychiatric or medical reports, laboratory results, discharge summaries, and any relevant imaging, and arranges appointments and the hospital visit.



## CONDITIONS TREATED

Anxiety

Dependent personality disorder

Bipolar disorder

Post-traumatic stress disorder

Eating disorders



## EDUCATION &amp; TRAINING

2017

Health Sciences University Erenköy Training and Research  
Hospital for Mental and Neurological Diseases, Mental Health...

2009

Osmangazi University Faculty of Medicine



## PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



## PROCEDURES PERFORMED

Post traumatic stress disorder treatment

Eating disorders treatment



ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Dr. Kaplan about your case

Reply within 24 hours