



NUTRITION & DIET

Begüm Biber, Dietitian

Acibadem Maslak Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
5+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Nutrition for celiac disease
· Eating...

HOSPITAL
Acibadem Maslak Hospital,
İstanbul

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

A substantial part of Begüm Biber's work concerns nutrition in the setting of a medical diagnosis. She prepares dietary plans for patients with celiac disease, in whom gluten-free eating is the basis of management, and for patients with iron deficiency, where dietary sources of iron and factors affecting its absorption are reviewed.

Begüm Biber also works with children and adolescents on weight management and offers nutrition programmes for people with eating disorders, an area in which dietary care is usually one part of a wider treatment plan.

Nutrition for celiac disease
Eating disorder nutrition programmes
Nutrition for bed-dependent patients
Oncology nutrition
Carbohydrate counting

INTERNATIONAL PATIENTS

Begüm Biber consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports, including laboratory and pathology results, imaging reports such as MRI, CT, X-ray or ultrasound, operative notes and...

CONDITIONS TREATED

Nutrition for celiac disease
Eating disorder nutrition programmes
Nutrition for bed-dependent patients
Carbohydrate counting
Weight management for children and adolescents

EDUCATION & TRAINING

2021 Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences

PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Services

PROCEDURES PERFORMED

Celiac disease treatment
Longevity

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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Tap to chat

WEBSITE
acibademinternational.com
Open the site

FREE CONSULTATION
Ask Begüm Biber about your case
Reply within 24 hours