

NUTRITION & DIET



Beyza Erdoğan Aksan, Dietitian

Acibadem Altunizade Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
6+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Treatment of Obesity

HOSPITAL
Acibadem Altunizade
Hospital, İstanbul

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

The main area of Beyza Erdoğan Aksan's practice is obesity management, including child and adolescent weight management. Dietary planning for weight-related conditions is adapted to the patient's age, medical history and current treatment, and where carbohydrate counting is part of a patient's care she includes this method in the nutrition plan.

She also prepares nutrition plans for patients with gout, celiac disease and iron deficiency, and develops nutrition programs for eating disorders. Her work extends across different life stages, including pregnancy nutrition, menstrual cycle nutrition and menopause nutrition, as well as nutrition for bed-bound patients, whose dietary requirements depend on their underlying condition and level of mobility.

Child and Adolescent Weight Management

Iron Deficiency Nutrition

Nutrition for Gout

Carbohydrate Counting

Menopause Nutrition

INTERNATIONAL PATIENTS

Beyza Erdoğan Aksan speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, arranges appointments and organises the hospital visit.

CONDITIONS TREATED

Child and adolescent weight management

Nutrition for gout

Carbohydrate counting

Nutrition for bed-bound patients

Nutrition programs for eating disorders

Obesity management

EDUCATION & TRAINING

- 2024** Dietary Supplements Training for Health Professionals (Haver, Gastroenterology Dietetics Association)
- 2021** Current Approaches in Sports Nutrition (Youth and Sports Volunteers Association)
- 2021** KEPAN
- 2021** E-Congress (Clinical Enteral Parenteral Nutrition Association)

PROFESSIONAL EXPERIENCE

- 2022** Acibadem Healthcare Services
- 2021–2022** Delta Hospital — Nutrition and Diet Specialist
- 2020–2021** Diyetuzmanim.com — Online Nutrition and Diet Specialist
- 2020** Nureste Aesthetics, Beauty and Slimming Center — Nutrition and Diet Specialist

PROCEDURES PERFORMED

Gout treatment

Celiac disease treatment

Eating disorders treatment

Obesity treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Beyza Erdoğan Aksan about
your case

Reply within 24 hours