



NUTRITION & DIET

Bilgesu Pekcan, Dietitian

Acibadem Maslak Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Nutrition for Bedridden
Patients · ...



HOSPITAL
Acibadem Maslak Hospital,
İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

A substantial part of Bilgesu Pekcan's practice involves patients whose nutritional needs are shaped by an underlying medical situation. For bedridden patients, she considers factors such as reduced mobility, altered energy requirements, and the practical aspects of feeding, and prepares nutrition plans intended to support the patient's overall condition during a period of ...

She also works with patients who have cardiovascular disease, offering dietary guidance that complements the treatment prescribed by their physicians. In addition, she supports patients with iron deficiency anemia by reviewing dietary sources of iron, factors that may affect absorption, and eating patterns that can be adjusted alongside medical management.

Nutrition for Bedridden Patients

Pregnancy Nutrition

Nutrition for Cardiovascular Disease

Iron Deficiency Anemia

Pregnancy nutrition



INTERNATIONAL PATIENTS

Bilgesu Pekcan speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports, including laboratory and pathology results, imaging reports such as MRI, CT, X-ray or ultrasound, operative notes, and discharge...



CONDITIONS TREATED

Nutrition for bedridden patients

Nutrition for cardiovascular disease

Iron deficiency anemia



EDUCATION & TRAINING

2020–2025 Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services



PROCEDURES PERFORMED

Anemia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Bilgesu Pekcan about your case

Reply within 24 hours