



NUTRITION & DIET

Burcu Akbeyaz Özger, Dietitian

Acibadem Kayseri Hospital · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
6+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Nutrition & DietFOCUS
Personalized nutrition
counseling · ...HOSPITAL
Acibadem Kayseri HospitalDEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

Burcu Akbeyaz Özger provides personalized nutrition counseling. Rather than applying a single standard plan, she reviews each patient's individual circumstances, health status and existing reports before discussing dietary recommendations.

A further area of her work is practical meal planning. Recommendations are translated into concrete, realistic guidance on daily meals, portions and food choices that patients can apply at home and maintain over time. This is complemented by lifestyle guidance, which addresses everyday habits that influence nutritional health.

Personalized nutrition counseling

Evidence-based nutrition therapy

Practical meal planning

Lifestyle guidance



INTERNATIONAL PATIENTS

Consultations can be held in Turkish or English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and relevant documents, such as laboratory and pathology results, discharge summaries and, where relevant, imaging reports, and arranges appointments and the hospital...



CONDITIONS TREATED

Personalized nutrition counseling

Practical meal planning

Lifestyle guidance



EDUCATION & TRAINING

2023

Erciyes University

2020

Nuh Naci Yazgan University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2023

Acibadem Healthcare Services



PROCEDURES PERFORMED

Evidence-based nutrition therapy

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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Tap to call



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Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Burcu Akbeyaz Özger about
your case

Reply within 24 hours