



PHYSICAL MEDICINE &amp; REHABILITATION

## Çağlar Dal, Physiotherapist

Acibadem Bakirkoy Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE  
10+ years

LANGUAGES  
Turkish · English

CONSULTS  
Video · On-site

PATIENTS  
90+ countries

SPECIALTY  
Physical Medicine & Rehabilitation

FOCUS  
Spine Health

HOSPITAL  
Acibadem Bakirkoy Hospital, İstanbul

DEPARTMENT  
Physical Medicine & Rehabilitation

### CLINICAL FOCUS

Çağlar Dal's areas of expertise are physical medicine and rehabilitation, spine health and rehabilitation care. In practice, this involves assessing a patient's functional status, movement patterns and physical limitations, and then carrying out a rehabilitation program in coordination with the treating medical team.

Within spine health, his work concerns the support of patients with spine-related complaints through physiotherapy and rehabilitation. This may include guidance on posture and movement, supervised exercise and other rehabilitation measures as appropriate to the individual case. The specific content of any program depends on the clinical assessment and the recommendations of the responsible physicians.

Physical medicine and rehabilitation

Spine health

Rehabilitation care

### INTERNATIONAL PATIENTS

Çağlar Dal speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital visit.

### CONDITIONS TREATED

Chronic Low Back Pain

Osteoarthritis

Coccydynia

Bell's Palsy

Cerebral Palsy

Ankylosing Spondylitis

### EDUCATION & TRAINING

2016 Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences

### PROFESSIONAL EXPERIENCE

2023 Acibadem Healthcare Services

2017 Acibadem Bakırköy Hospital — Devam Ediyor

### PROCEDURES PERFORMED

Physical medicine and rehabilitation

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation

Robotic rehabilitation

ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+  
HOSPITALS & CLINICS

7  
JCI-ACCREDITED

90+  
COUNTRIES SERVED

20+  
LANGUAGES IN-HOUSE

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FREE CONSULTATION  
Ask Çağlar Dal about your case  
 Reply within 24 hours