



PHYSICAL MEDICINE & REHABILITATION

Defne Sürek, Physiotherapist

Acibadem Maslak Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
9+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Physiotherapy · Personalized rehabilitation



HOSPITAL

Acibadem Maslak Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Physiotherapy is the core of Defne Sürek's work. A personalized rehabilitation program begins with an assessment of how a patient moves, where movement is limited and how pain, stiffness or weakness affects daily activities. Based on this assessment, a program of exercises and physiotherapy techniques is planned and then adjusted over time as the patient progresses or as new difficulties appear.

Functional restoration focuses on returning patients to the activities that matter to them after illness, injury or surgery, while pain reduction rehabilitation uses movement-based approaches to help reduce pain and lessen its impact on function.

Physiotherapy

Personalized rehabilitation

Mobility rehabilitation

Functional restoration

Pain reduction rehabilitation



INTERNATIONAL PATIENTS

Defne Sürek speaks Turkish and English, so patients from abroad can communicate with her in either language, and interpreters can be arranged for other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge...



CONDITIONS TREATED

Functional restoration



EDUCATION & TRAINING

2022

Bahçeşehir University

2017

Haliç University



PROFESSIONAL EXPERIENCE

2023

Acibadem Healthcare Services



PROCEDURES PERFORMED

Amputee rehabilitation

Cancer rehabilitation

Pediatric physical therapy

Hyperbaric oxygen therapy

Pulmonary rehabilitation

Vestibular rehabilitation



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Defne Sürek about your case

Reply within 24 hours