

NUTRITION & DIET



Dila Güzel, Dietitian

Acibadem Dr. Sinasi Can (Kadikoy) Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
5+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
See the online profile



HOSPITAL
Acibadem Dr. Sinasi Can
(Kadikoy) Hospital, ...



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Dila Güzel's professional focus is nutrition and diet. Her practice is based on nutritional assessment and dietary counselling, in which a patient's individual needs are reviewed and dietary recommendations are discussed with them. Because dietary advice depends on a person's overall health, existing diagnoses and any ongoing medical treatment, recommendations are considered on an individual basis rather than as a single...

Her training placements covered a range of settings in which dietitians commonly work. These included diabetes-focused organizations such as the Turkish Diabetes Foundation and Arateus Diabetes Center, a bariatric setting at İstanbul Bariatric Center, a sports-nutrition practice at Sporcu Diyetisyenim, fitness-oriented settings at 360 Fit Ataşehir and Fit Together, a public health body at Ümraniye District Health Directorate,...



INTERNATIONAL PATIENTS

Dila Güzel speaks Turkish and English, and interpreters can be arranged for patients who prefer another language. The Acibadem international patient team coordinates the collection of prior reports, such as laboratory results, imaging reports, pathology results, operative notes and discharge summaries, arranges appointments and organises the hospital visit.



EDUCATION & TRAINING

- 2023 Yeditepe University Faculty of Health Sciences
2021 Yeditepe University Minor in Gastronomy and Culinary Arts



PROFESSIONAL EXPERIENCE

- 2024 Acibadem Healthcare Services
2023-2024 Turkish Diabetes Foundation - İstanbul — Dietitian
2023 360 Fit Ataşehir - İstanbul — Intern Dietitian
2023 Ahmet Yesevi AÇEM - İstanbul — Intern Dietitian
2023 Turkish Diabetes Foundation - İstanbul — Intern Dietitian
2023 Arateus Diabetes Center - İstanbul — Intern Dietitian

+6 earlier posts on the profile



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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WEBSITE
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FREE CONSULTATION
Ask Dila Güzel about your case
Reply within 24 hours