

PSYCHOLOGY



Dilara Boyraz Giriş, Clinical Psychologist

Acibadem Adana Hospital · Psychiatry & Psychology · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

CONSULTS
On-site

PATIENTS
90+ countries

PROFILE
Verified

SPECIALTY
Psychology

FOCUS
Hyperactivity · Obsessive Compulsive...

HOSPITAL
Acibadem Adana Hospital

DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

Dilara Boyraz Giriş sees adults and families seeking psychological support for a range of concerns. Her clinical interests include obsessive compulsive disorder, in which recurring intrusive thoughts and repetitive behaviors can interfere with daily life, and eating disorders, where psychological care is often planned alongside other members of the treating team.

Support for smoke-free living is a further area of interest. Psychological work in this area generally focuses on understanding the habits, triggers and stresses that maintain smoking and on developing strategies that fit the individual's circumstances.

Hyperactivity

Obsessive Compulsive Disorder

Smoke-Free Living

Sleep Disorders

Eating Disorders

INTERNATIONAL PATIENTS

Dilara Boyraz Giriş receives international patients at Acibadem Adana Hospital. The Acibadem international patient team coordinates the collection of prior reports before the visit, including previous psychological or psychiatric assessments, laboratory results and discharge summaries where these exist, and arranges appointments and the hospital visit itself.

CONDITIONS TREATED

Hyperactivity

Obsessive compulsive disorder

Smoke-free living

Sleep disorders

Eating disorders

EDUCATION & TRAINING

2024 International Schema Therapy Certification, Advanced Level Certification Process;

2024 Schema Therapy Institute ISST-Accredited Online Continuing Education: Imagery Rescripting in Schema Therapy Training,... Radboud University, Nijmegen - Netherlands

PROCEDURES PERFORMED

Depression treatment

Alcohol use disorder treatment

Anorexia nervosa treatment

Drug addiction treatment

Eating disorders treatment

Borderline personality disorder treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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+90 535 876 04 89
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Tap to chat

WEBSITE
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Open the site

FREE CONSULTATION
Ask Dilara Boyraz Giriş about your case
Reply within 24 hours