



PHYSICAL MEDICINE &amp; REHABILITATION

## Dilem Kadioğlu, Physiotherapist

Acibadem Altunizade Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE  
7+ years



LANGUAGES  
Turkish · English



CONSULTS  
Video · On-site



PATIENTS  
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Patient-centered rehabilitation · ...



HOSPITAL

Acibadem Altunizade Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



### CLINICAL FOCUS

Her areas of expertise are patient-centered rehabilitation, functional recovery rehabilitation, therapeutic exercise programs, manual therapy, mobility restoration and pain reduction therapy. In practice this means that a rehabilitation plan is shaped around the individual patient's condition, current level of function and personal goals, rather than following a fixed template.

Therapeutic exercise programs are designed and supervised by Dilem Kadioğlu and are intended to be continued by the patient between sessions and after discharge, with instructions adapted to the patient's abilities. Manual therapy consists of hands-on techniques applied to joints and soft tissues and is used, where appropriate, alongside exercise rather than in place of it.

Patient-centered rehabilitation

Functional recovery rehabilitation

Therapeutic exercise programs

Manual therapy

Mobility restoration



### INTERNATIONAL PATIENTS

Dilem Kadioğlu speaks Turkish and English, so patients arriving from abroad can communicate with her in either language, and interpreters can be arranged for other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes...



### CONDITIONS TREATED

Mobility restoration



### EDUCATION & TRAINING

2019

Hacettepe University



### PROFESSIONAL EXPERIENCE

2024

Acibadem Healthcare Services



### PROCEDURES PERFORMED

Therapeutic exercise programs

Manual therapy

Pain reduction therapy

Amputee rehabilitation

Cancer rehabilitation

Pediatric physical therapy



ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+

HOSPITALS &amp; CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Dilem Kadioğlu about your case

Reply within 24 hours