



PHYSICAL MEDICINE & REHABILITATION

Ece Nur Sonuk, Physiotherapist

Acibadem Kartal Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
3+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Yürüme Analizi · Spinal Health



HOSPITAL

Acibadem Kartal Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

A central part of Ece Nur Sonuk's work is gait analysis, which examines how a person walks in order to identify patterns that may contribute to pain or restricted mobility. She also sees patients with sports and knee injuries, where rehabilitation is planned around the affected structures and the patient's activity goals.

Spine health forms another core theme of her practice. She works with patients who have cervical and lumbar disc herniation, loss of cervical lordosis and lumbar hypolordosis, conditions that concern the natural curvature of the neck and lower back and may be associated with pain, stiffness or limited movement.

Gait Analysis

Sports and Knee Injuries

Piriformis Syndrome

Spine Health

Neuromuscular Disorders



INTERNATIONAL PATIENTS

Ece Nur Sonuk consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and...



CONDITIONS TREATED

Gait analysis

Sports and knee injuries

Piriformis syndrome

Neuromuscular disorders

Frozen shoulder

Loss of cervical lordosis



EDUCATION & TRAINING

2023

Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



PROCEDURES PERFORMED

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation

Amputee rehabilitation

Pediatric physical therapy



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Ece Nur Sonuk about your case

Reply within 24 hours