

PHYSICAL MEDICINE & REHABILITATION



Ecem Yurdadoğan, Physiotherapist

Acibadem Ankara Hospital · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
6+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Physical Medicine &
Rehabilitation

FOCUS
Rehabilitation ·
Personalised exercise...

HOSPITAL
Acibadem Ankara Hospital

DEPARTMENT
Physical Medicine &
Rehabilitation

CLINICAL FOCUS

Ecem Yurdadoğan's areas of expertise include rehabilitation, personalised exercise programmes, functional rehabilitation, sports rehabilitation and wellness exercise. Rehabilitation in this setting is typically a staged process: an initial assessment of movement, strength, balance and function is followed by a program that is adjusted as the patient progresses.

Functional rehabilitation aims to restore the ability to carry out everyday activities such as walking, climbing stairs, lifting or returning to work. Sports rehabilitation addresses the needs of active people recovering from injury or seeking to return to training, with attention to load, movement quality and the gradual reintroduction of sport-specific tasks.

Rehabilitation

Personalised exercise programmes

Functional rehabilitation

Sports rehabilitation

Wellness exercise

INTERNATIONAL PATIENTS

Ecem Yurdadoğan works in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, operative notes and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Wellness exercise

EDUCATION & TRAINING

2020 Yüksek İhtisas University Faculty of Health Sciences

PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Services

2021–2024 Medica Sports Academy

2021 Profit Personalized Exercise and Wellness Center

PROCEDURES PERFORMED

Personalised exercise programmes

Robotic rehabilitation

ESS

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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WEBSITE
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FREE CONSULTATION
Ask Ecem Yurdadoğan about
your case
 Reply within 24 hours