



NUTRITION & DIET

Eda Honca, Dietitian

Acibadem Fulya Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
14+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Clinical nutrition · Diet planning



HOSPITAL
Acibadem Fulya Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Eda Honca's work centers on clinical nutrition. This begins with a nutritional assessment, in which she reviews the patient's dietary habits, medical history, current treatments and, where available, laboratory results, in order to understand nutritional status and any factors that may affect it. On this basis she prepares an individual diet plan.

Her approach is described as patient-focused nutrition management. Rather than applying a single standard program, she adjusts recommendations to the individual and reviews them over time as the patient's condition, treatment or goals change. Nutrition and diet support is often provided alongside care from other medical units, and she coordinates her recommendations with the wider treatment plan where this is relevant.

Clinical nutrition

Diet planning

Nutritional assessment

Patient-focused nutrition management



INTERNATIONAL PATIENTS

Eda Honca speaks Turkish and English, and interpreters can be arranged for other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports, including laboratory and pathology results, imaging reports and discharge summaries, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Diet planning

Nutritional assessment

Patient-focused nutrition management



EDUCATION & TRAINING

2012 Haliç University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2022 Acibadem Healthcare Services

2017 Acibadem Kocaeli Hospital — Nutrition and Diet Specialist

2014–2017 Acibadem University Atakent Hospital — Nutrition and Diet Specialist

2012–2014 Acibadem Göktürk Medical Center — Nutrition and Diet Specialist



PROCEDURES PERFORMED

Clinical nutrition

ESS



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Eda Honca about your case

Reply within 24 hours