



NUTRITION & DIET

Elif Derya Cinisli, Dietitian

Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
3+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Nutrition & DietFOCUS
Nutrition assessment · Diet
planningHOSPITAL
Acibadem Healthcare
GroupDEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

The starting point of Elif Derya Cinisli's work is nutrition assessment. This involves reviewing a patient's medical history, current dietary habits, body measurements and any available laboratory results in order to build a picture of nutritional status and to identify areas where dietary change may be helpful.

A further part of her practice is dietary counseling, in which patients receive explanations of the reasoning behind their plan, guidance on food choices and portioning, and follow-up to review progress and adjust recommendations where needed. She also provides clinical nutrition support for patients whose medical conditions or treatments affect their nutritional needs.

Nutrition assessment

Diet planning

Dietary counseling

Clinical nutrition support



INTERNATIONAL PATIENTS

Elif Derya Cinisli consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports and imaging, such as laboratory and pathology results, MRI, CT, X-ray or ultrasound reports, operative notes and discharge summaries, and arranges appointments and the...



CONDITIONS TREATED

Nutrition assessment

Diet planning

Dietary counseling



EDUCATION & TRAINING

2023

Acibadem Mehmet Ali Aydinlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2023

Acibadem Healthcare Services



PROCEDURES PERFORMED

Clinical nutrition support

ESS

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Elif Derya Cinisli about your
case

Reply within 24 hours