



ANESTHESIOLOGY

Elif Gülek, MD

Acibadem Atasehir Hospital, İstanbul · Anesthesiology & Reanimation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
44+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Anesthesiology

FOCUS
Intensive Care

HOSPITAL
Acibadem Atasehir
Hospital, İstanbul

DEPARTMENT
Anesthesiology &
Reanimation

CLINICAL FOCUS

Dr. Gülek's work centers on the care of patients who need anesthesia and intensive care support. Intensive care treatment involves the monitoring and management of patients whose condition requires close observation and organ support, often after major surgery or during a critical illness. Advanced life support refers to the structured measures used to stabilize patients whose breathing or circulation is compromised.

She also has a clinical interest in palliative care, which focuses on the relief of symptoms and on supportive treatment for patients with serious or advanced illness. Palliative care is planned in coordination with the other physicians involved in a patient's care and is adapted to the patient's needs and wishes.

Palliative Care

Intensive Care Treatment

Advanced Life Support

Intensive care

INTERNATIONAL PATIENTS

Dr. Gülek speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. The Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Palliative care

Advanced life support

EDUCATION & TRAINING

- 2004 İstanbul University İstanbul Faculty of Medicine Department of Anesthesiology and Reanimation
- 1996 İstanbul University Cerrahpaşa Faculty of Medicine
- 1982–1988 Erenköy Kız High School

PROFESSIONAL EXPERIENCE

- 2005 Acibadem Healthcare Services
- 2004–2005 Özel Üsküdar Yunus Emre Hospital
- 2004–2005 Özel Üsküdar Yunus Emre Hospital — Anesthesiology and Intensive Care Physician
- 1998–1999 Kadıköy Municipality KASDAV — General Practitioner
- 1998–1999 Kadıköy Belediyesi KASDAV
- 1996–1998 Özel Uzmanlar Medical Center — General Practitioner

+1 earlier posts on the profile

PROCEDURES PERFORMED

Intensive care treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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Ask Dr. Gülek about your case
Reply within 24 hours