

PSYCHOLOGY



Elif Naz Arslan, Psychologist

Acibadem Altunizade Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
13+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Psychology

FOCUS
EMDR therapy · Brain-based psychotherapy

HOSPITAL
Acibadem Altunizade Hospital, İstanbul

DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

Elif Naz Arslan works with psychotherapy approaches for which she has completed practitioner training. These include EMDR therapy, a structured psychotherapy method, and brain-based psychotherapy, an approach that draws on an understanding of brain function to inform therapeutic work.

Her assessment work includes neuropsychological assessment, which uses standardized tests to examine areas such as memory, attention and other cognitive functions, and the Moxo test, a computer-based tool used in the assessment of attention.

EMDR therapy

Brain-based psychotherapy

Neuropsychological assessment

Psycho-oncology

CONDITIONS TREATED

Brain-based psychotherapy

Neuropsychological assessment

EDUCATION & TRAINING

- 2022** EMDR (Eye Movement Desensitization and Reprocessing) DBE Behavioral Sciences Institute — Practitioner Therapist
- 2018** Brain-Based Psychotherapy John. B. Arden — Practitioner Therapist
- 2018** Nöropsikolojik Değerlendirme (NPD) Türk Psikologlar Association — Uygulayıcı Terapist
- 2018** Moxo Test Moxo Türkiye — Uygulayıcı Terapist

PROFESSIONAL EXPERIENCE

- 2019** Acibadem Healthcare Services
- 2018** Başka Counseling Center — Clinical Psychologist
- 2018** İstanbul University Çapa Faculty of Medicine — Stajyer Psikolog
- 2017** Cerrahpaşa Faculty of Medicine — Stajyer Psikolog

+2 earlier posts on the profile

PROCEDURES PERFORMED

EMDR therapy

ROP treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- Türk Psikologlar Association
- EMDR Türkiye Association

SELECTED PUBLICATIONS

Publications are listed on the online profile.

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