

PHYSICAL MEDICINE & REHABILITATION



Elif Tokgöz Nizam, Physiotherapist

Acibadem Atasehir Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Pediatric Rehabilitation · Physical...



HOSPITAL

Acibadem Atasehir Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

A significant part of Elif Tokgöz Nizam's work concerns the spine. Her listed areas of expertise include lumbar disc herniation and cervical disc herniation, as well as lumbar hypolordosis and cervical hypolordosis, conditions in which the normal curvature of the lower back or neck is reduced.

Beyond the spine, she treats frozen shoulder syndrome and fibromyalgia, a condition characterized by widespread pain in which a structured rehabilitation approach can form part of overall care. Pain management is a further focus of her practice; the hospital's interventional pain management page describes related treatment options offered by the wider team.

Lumbar Hypolordosis

Lumbar Disc Herniation

Cervical Hypolordosis

Cervical Disc Herniation

Paediatric Rehabilitation



INTERNATIONAL PATIENTS

Elif Tokgöz Nizam speaks Turkish and English, and interpreters can be arranged for patients who prefer another language. For patients coming from abroad, the international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory results and previous discharge summaries, arranges appointments and organizes the hospital...



CONDITIONS TREATED

Lumbar hypolordosis

Lumbar disc herniation

Cervical hypolordosis

Cervical disc herniation

Frozen shoulder syndrome

Fibromyalgia



EDUCATION & TRAINING

2020

Acibadem Mehmet Ali Aydınlar University Health Sciences Faculty



PROFESSIONAL EXPERIENCE

2022

Acibadem Healthcare Services



PROCEDURES PERFORMED

Fibromyalgia treatment

Interventional pain management



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Elif Tokgöz Nizam about your case

Reply within 24 hours