



PHYSICAL MEDICINE & REHABILITATION

Prof. Emel Özcan, MD

Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE**EXPERIENCE**
44+ years**LANGUAGES**
Turkish · English**CONSULTS**
Video · On-site**PATIENTS**
90+ countries

SPECIALTY

Physical Medicine & Rehabilitation

FOCUS

Chronic low back pain · Symptomatic knee...

HOSPITAL

Acibadem Healthcare Group

DEPARTMENT

Physical Medicine & Rehabilitation**CLINICAL FOCUS**

Dr. Özcan evaluates and treats chronic low back pain, symptomatic knee osteoarthritis, musculoskeletal pain and ankylosing spondylitis. Her work also covers work-related upper extremity musculoskeletal disorders and repetitive motion disorders, an area in which she has published on ergonomic interventions among computer workers.

The procedures she performs include dextrose prolotherapy, acupuncture, epidural injections and spinal manipulation. Her selected publications address dextrose prolotherapy in symptomatic knee osteoarthritis, evidence-based use of prolotherapy in musculoskeletal pain, functional disability measurement in chronic low back pain, and work...

Chronic low back pain

Symptomatic knee osteoarthritis

Musculoskeletal pain

Ankylosing spondylitis

Work-related upper extremity musculoskeletal disorders

**CONDITIONS TREATED**

Chronic low back pain

Osteoarthritis

Musculoskeletal pain

Ankylosing spondylitis

Work-related upper extremity musculoskeletal disorders

**EDUCATION & TRAINING****2011**

Medical Specialization Board Algology

1990

Istanbul University Istanbul Faculty of Medicine, Department of Physical Medicine and Rehabilitation — Prof. Dr.

1984

Akdeniz University Faculty of Medicine, Department of Physical Medicine and Rehabilitation — Associate Professor

1980

Akdeniz University Faculty of Medicine Physical Medicine and Rehabilitation

**PROFESSIONAL EXPERIENCE****2025**

Acibadem Health Group

2021–2024

Private Medical Center

2018

Head of Department of Physical Medicine and Rehabilitation, Istanbul Faculty of Medicine

2016

Prolotherapy Workshop, Prolotherapy Course organized by Hacket Hemwall Paterson Foundation and University of...

+16 earlier posts on the profile

**PROCEDURES PERFORMED**

Stroke rehabilitation

Epidural injections

Ankylosing spondylitis treatment

**ACIBADEM HEALTHCARE GROUP** Verified
network figures**45+**

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE

**MEMBERSHIPS**

- Osteoporosis Association
- Association of Physicians Specializing in Physical Medicine and...
- Physical Medicine and Rehabilitation Association
- Algology Association

**SELECTED PUBLICATIONS**

- The Effects of Dextrose Prolotherapy in Symptomatic Knee Osteoarthritis: A Randomized Controlled Study.
- Evidence-based use of prolotherapy in treating musculoskeletal pain
TURKISH JOURNAL OF PHYSICAL MEDICINE AND...

10 publications listed on the online profile



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FREE CONSULTATION

Ask Dr. Özcan about your case

Reply within 24 hours