



PHYSICAL MEDICINE & REHABILITATION

Erdem Terzi, Physiotherapist

Acibadem Atasehir Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
10+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Sports injuries · Knee injuries



HOSPITAL

Acibadem Atasehir Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

A large part of Erdem Terzi's work concerns the spine. He sees patients with lumbar disc herniation and cervical disc herniation, as well as those with facet joint syndrome and postural changes such as reduced cervical lordosis and lumbar hypolordosis.

Sports injuries and knee injuries form another area of his practice, where rehabilitation is planned around the specific structure involved and the demands the patient places on the joint. He works with patients with frozen shoulder, a condition marked by stiffness and restricted movement of the shoulder that tends to develop gradually.

Sports injuries

Knee injuries

Piriformis syndrome

Manual therapy

Fibromyalgia



INTERNATIONAL PATIENTS

Erdem Terzi speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports and imaging, arranges appointments, and organizes the hospital visit.



CONDITIONS TREATED

Sports injuries

Knee injuries

Piriformis syndrome

Fibromyalgia

Facet joint syndrome

Frozen shoulder



EDUCATION & TRAINING

2016

Acibadem Mehmet Ali Aydinlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2017

Acibadem Healthcare Services



PROCEDURES PERFORMED

Manual therapy

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Türkiye Fizyoterapistler Association



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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Ask Erdem Terzi about your case

Reply within 24 hours