



INTERNAL MEDICINE

Erkan Saryıldız, MD

Acibadem Bağdat Outpatient Clinic, İstanbul · Internal Medicine ·

Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
46+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Internal MedicineFOCUS
Functional MedicineHOSPITAL
Acibadem Bağdat
Outpatient Clinic, İstanbulDEPARTMENT
Internal Medicine

CLINICAL FOCUS

A large part of Dr. Saryıldız's practice involves conditions that are commonly followed in internal medicine. He evaluates and manages patients with obesity, where the assessment typically considers weight history, related metabolic findings and general health status.

Within his subspecialty of Functional Medicine, Dr. Saryıldız offers care oriented toward wellness and longevity applications. This approach looks at a patient's health concerns in a broader context, with attention to lifestyle, metabolic and chronic factors that may influence long-term well-being. The specific recommendations depend on the individual's history, examination findings and available test results.

Functional Medicine

Wellness

Longevity Applications

Obesity

Anemia

INTERNATIONAL PATIENTS

Dr. Saryıldız speaks Turkish and English, and interpreters can be arranged for patients who need them. Before a visit, the international patient team coordinates the collection of prior reports and imaging, such as laboratory results, ultrasound, MRI or CT reports, pathology findings, operative notes and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Wellness

Obesity

Anemia

Gastroenteritis

Hypertension

Gastritis

EDUCATION & TRAINING

1997 İstanbul University İstanbul Faculty of Medicine Internal Medicine**1986–1992** İstanbul University İstanbul Faculty of Medicine**1980–1986** Adana Erkek High School

PROFESSIONAL EXPERIENCE

2005 Acibadem Healthcare Services**1997** Acibadem Bağdat Caddesi Medical Center**1992–1997** İstanbul University İstanbul Faculty of Medicine

PROCEDURES PERFORMED

Longevity applications

Longevity

Obesity treatment

Anemia treatment

Gastroenteritis treatment

Hypertension treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE

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Ask Dr. Saryıldız about your case
 Reply within 24 hours