



NEUROLOGY

Assoc. Prof. Esma Kobak Tur, MD

Acibadem Kartal Hospital, İstanbul · Neurology · Acibadem
Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
16+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Neurology



FOCUS
Headache Treatment ·
Stroke and Preventive...



HOSPITAL
Acibadem Kartal Hospital,
İstanbul



DEPARTMENT
Neurology



CLINICAL FOCUS

A substantial part of Dr. Tur's practice is headache care, including migraine treatment with advanced migraine protocols, biologic agents for migraine and nerve blocks. She also assesses and treats patients after stroke and plans preventive treatment to reduce the risk of further events.

In movement disorders she manages Parkinson's disease and related conditions, including the evaluation of patients for brain pacemaker therapy. Her work in cognitive neurology covers dementia and Alzheimer's disease, as well as neurological changes associated with aging.

Headache treatment

Nerve blocks

Movement disorder treatment

Stroke treatment and prevention

Migraine treatment



CONDITIONS TREATED

Movement disorder treatment

Advanced migraine protocols

Biologic agents for migraine

Sleep disorders

Insomnia



EDUCATION & TRAINING

2016 Health Sciences University Erenköy Training and Research
Hospital for Mental and Nervous Diseases Neurology

2010 Dokuz Eylül University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services

2024–2025 Health Sciences University, Fatih Sultan Mehmet Training and
Research Hospital, İstanbul– Neurology Associate...

2017–2024 Health Sciences University, Fatih Sultan Mehmet Training and
Research Hospital, İstanbul– Neurology Specialist...

2016–2017 Erzincan Mengücek Gazi Training and Research Hospital
(Compulsory service)–Specialist Physician

+2 earlier posts on the profile



PROCEDURES PERFORMED

Headache medicine treatment

Nerve blocks

Stroke medicine treatment

Migraine treatment

Traumatic brain injury treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Turkish Neurology Association
- Global Migraine and Pain Association
- Turkey Parkinson's Disease Association
- International Association Parkinsonism and Related Disorders

+4 further societies on the profile



SELECTED PUBLICATIONS

- Increased dementia risk in patients with Parkinson's disease attributed to metabolic syndrome Neurological Sciences...
- The impact of uric acid levels in the pathophysiology and its contribution to the prediction of diagnosis in restless...

10 publications listed on the online profile



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FREE CONSULTATION

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Reply within 24 hours