



PHYSICAL MEDICINE & REHABILITATION

Esra Atasu, Physiotherapist

Acibadem Ankara Hospital · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
5+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Pain · Mobility impairment



HOSPITAL

Acibadem Ankara Hospital



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

Esra Atasu works with patients whose everyday activities are affected by pain, reduced mobility or loss of function. Such difficulties may arise in a range of circumstances, and the aim of physiotherapy in these situations is generally to support movement, ease pain where possible and help patients regain or maintain function within their own limits.

Her areas of expertise include physical therapy, rehabilitation therapy and manual therapy. Physical therapy and rehabilitation therapy typically involve structured, exercise-based and movement-based programs adapted to the patient's condition and goals. Manual therapy refers to hands-on techniques applied by the physiotherapist.

Pain

Mobility impairment

Functional impairment

Physical therapy

Rehabilitation therapy



INTERNATIONAL PATIENTS

Esra Atasu speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital...



CONDITIONS TREATED

Pain

Mobility impairment

Functional impairment



EDUCATION & TRAINING

2021

Yüksek İhtisas University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2022

Acibadem Healthcare Services

2021-2022

Medoran Physical Therapy and Rehabilitation Center



PROCEDURES PERFORMED

Physical therapy

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation

Manual therapy



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Esra Atasu about your case

Reply within 24 hours