

ENDOCRINOLOGY



Esra Karakaş, MD

Acibadem Kayseri Hospital · Endocrinology & Metabolism ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
22+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Endocrinology

FOCUS
Addison's disease ·
Acromegaly

HOSPITAL
Acibadem Kayseri Hospital

DEPARTMENT
Endocrinology &
Metabolism

CLINICAL FOCUS

Dr. Karakaş evaluates and manages a range of hormonal and metabolic conditions. In thyroid disease, her practice includes hyperthyroidism, Graves' disease, Hashimoto's disease, and goiter. In the area of glucose metabolism, she sees patients with prediabetes and gestational diabetes, with care planned according to the individual clinical...

Her work also covers disorders of the adrenal and pituitary glands. These include Addison's disease, Cushing syndrome, acromegaly, and diabetes insipidus. Because these conditions often present with non-specific symptoms and require careful hormonal assessment, evaluation typically involves a detailed history, review of previous...

Addison's disease Acromegaly Cushing syndrome
Diabetes insipidus Gestational diabetes

CONDITIONS TREATED

Addison's disease Acromegaly Cushing syndrome
Diabetes insipidus Gestational diabetes

EDUCATION & TRAINING

2017 Mustafa Kemal University Tayfur Ata Sökmen Faculty of
Medicine Department of Endocrinology and Metabolic Diseases
2011 Ankara Numune Training and Research Hospital Department of
Internal Medicine
2004 Hacettepe University Faculty of Medicine

PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Services
2019–2024 Ordu Medical Park Hospital
2017–2019 Kastamonu State Hospital – Specialization in Endocrinology and
Metabolic Diseases
2011–2017 Mustafa Kemal University – Division of Endocrinology and
Metabolic Diseases

+1 earlier posts on the profile

PROCEDURES PERFORMED

Acromegaly treatment Cushing syndrome treatment
Diabetes insipidus treatment Gestational diabetes treatment
Graves disease treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

Professional memberships are listed on the online profile.

SELECTED PUBLICATIONS

- Relation of red celi distribution width with dipper and non-dipper hypertension Med Glas (Zenica).
- Evaluation of the effects of red blood cell distribution width on survival in lung cancer patients Contemp Oncol...

10 publications listed on the online profile

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Reply within 24 hours