

ENDOCRINOLOGY



Prof. Esra Nur Ademoğlu Dilekçi, MD

Acibadem International Hospital, İstanbul · Endocrinology & Metabolism · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
27+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Endocrinology



FOCUS
Thyroid Diseases and Treatment



HOSPITAL
Acibadem International Hospital, İstanbul



DEPARTMENT
Endocrinology & Metabolism



CLINICAL FOCUS

A central part of Dr. Dilekçi's work is thyroid disease treatment. She evaluates and manages Hashimoto's disease, thyroid nodules and thyroid cancer, and her published research includes work on subacute thyroiditis, autoimmune thyroiditis and the attainment of recommended TSH levels in patients with differentiated thyroid cancer.

Dr. Dilekçi also treats metabolic conditions, including type 1 diabetes, type 2 diabetes, prediabetes and insulin resistance, as well as obesity. Her research has addressed topics such as glycemic control in type 2 diabetes, predictors of diabetic retinopathy, gestational diabetes in women with obesity, polycystic ovary syndrome and...

Type 1 diabetes treatment

Type 2 diabetes treatment

Prediabetes

Obesity

Hashimoto's disease



CONDITIONS TREATED

Type 2 diabetes treatment

Prediabetes

Obesity

Hashimoto's disease

Insulin resistance



EDUCATION & TRAINING

2012 Ankara Training and Research Hospital Endocrinology and Metabolic Diseases

2004 Ankara Numune Training and Research Hospital Internal Medicine

1999 Gazi University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2023 Acibadem Healthcare Services

2021–2023 Medicana Health Group–Kadıköy Hospital

2015–2021 Bolu Abant İzzet Baysal University Faculty of Medicine

2012–2015 Bitlis Devlet Hospital (mecburi hizmet)



PROCEDURES PERFORMED

Type 1 diabetes treatment

Thyroid disease treatment

Obesity treatment

Thyroid cancer treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- European Society of Endocrinology (ESE)
- Turkish Endocrinology and Metabolic Diseases Association
- Turkey Obesity Research Association



SELECTED PUBLICATIONS

- Can the systemic immune-inflammation index be used as a novel diagnostic tool in the diagnosis of subacute...
- Relationship of glycemic control and diabetes duration with fibromyalgia in patients with type 2 diabetes mellitus J...

10 publications listed on the online profile



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Ask Dr. Dilekçi about your case
Reply within 24 hours