

PSYCHOLOGY



Fatma Büşra Kaya, Clinical Psychologist

Acibadem Altunizade Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
10+ years



CONSULTS
On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Psychology



FOCUS
Depression and mood disorders · Anxiety...



HOSPITAL
Acibadem Altunizade Hospital, İstanbul



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

Her clinical work centers on common mental health conditions, including depression and mood disorders, anxiety disorders, panic disorder and obsessive-compulsive disorder. She also sees people experiencing adjustment and stress reactions following difficult life events, and she provides grief and loss counseling for those coping with...

In terms of methods, she offers individual psychotherapy with an emphasis on cognitive behavioral therapy, a structured approach that focuses on the links between thoughts, emotions and behavior and on developing practical ways of managing symptoms.

Depression and mood disorders

Anxiety disorders

Panic disorder

Obsessive-compulsive disorder

Adjustment and stress reactions



CONDITIONS TREATED

Depression and mood disorders

Anxiety disorders

Panic disorder

Obsessive-compulsive disorder

Adjustment and stress reactions



EDUCATION & TRAINING

2019 Uskudar University — Institute of Social Sciences - Clinical Psychology

2017 Bahcesehir University — Psychology



PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Group

2018 Intern Psychologist — Psikomola Individual Counseling Center

2016–2017 Intern — French Lape Hospital



PROCEDURES PERFORMED

Cognitive behavioral therapy

Depression treatment

Alcohol use disorder treatment

Anorexia nervosa treatment

Drug addiction treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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 Tap to chat



WEBSITE
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FREE CONSULTATION
Ask Fatma Büşra Kaya about your case
 Reply within 24 hours