

PSYCHIATRY



F. Rabia Ay, MD

Acibadem Bodrum Hospital, Muğla · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
43+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Psychiatry



FOCUS
Treatment of Sexual
Dysfunction · ...



HOSPITAL
Acibadem Bodrum
Hospital, Muğla



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

Dr. Ay assesses and treats a range of mental health conditions in adults. These include anxiety, bipolar disorder, obsessive-compulsive disorder and post-traumatic stress disorder. She also works with patients affected by eating disorders, including anorexia nervosa, and provides addiction treatment for substance dependence.

Two of her subspecialty areas are the treatment of sexual dysfunction and smoking cessation, offered under the Smoke-Free Life program. In addition, Dr. Ay provides family and marriage counselling for couples and families seeking support with relationship difficulties. The choice of approach in each case depends on the individual assessment, the patient's history and the options discussed together with the patient.

Family and Marriage Counselling

Anxiety

Anorexia Nervosa

Addiction Treatment

Bipolar Disorder



INTERNATIONAL PATIENTS

Dr. Ay consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior medical reports and any relevant imaging, arranges appointments and organises the hospital visit.



CONDITIONS TREATED

Family and marriage counselling

Anxiety

Anorexia nervosa

Bipolar disorder

Substance dependence

Obsessive-compulsive disorder



EDUCATION & TRAINING

1995 Osmangazi University Faculty of Medicine Department of Mental Health and Diseases

1983 Atatürk University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2015 Acibadem Healthcare Services

2014-2015 Eskişehir Özel Sakarya Hospital

2014 Eskişehir Özel Reşadiye Medical Center

2010-2014 Özel Muayenehane

2007-2010 Eskişehir Private Ümit Health Center and Private Practice

1996-2007 Eskişehir State Hospital and Private Practice

+3 earlier posts on the profile



PROCEDURES PERFORMED

Drug addiction treatment

Sexual dysfunction treatment

Smoking cessation

Transcranial magnetic stimulation (TMS)

Anorexia nervosa treatment

Obsessive compulsive disorder treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
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Tap to call



WHATSAPP
+90 536 904 82 62
Tap to chat



WEBSITE
acibademinternational.com
Open the site



FREE CONSULTATION
Ask Dr. Ay about your case
Reply within 24 hours