



PHYSICAL MEDICINE & REHABILITATION

Gizem Adli, Physiotherapist

Acibadem Atasehir Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
10+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Movement Disorders
Treatment · Physical...



HOSPITAL

Acibadem Atasehir
Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Gizem Adli's clinical work covers a range of conditions seen in physical therapy and rehabilitation. She provides lipedema treatment and lymphedema treatment, and she works with patients recovering from sports injuries and knee injuries.

In the area of pain and movement, she is involved in pain management, fibromyalgia care, restless legs syndrome, and movement disorder treatment. Her approach draws on the techniques covered in her training, including myofascial release, kinesio taping, and clinical Pilates, applied according to each patient's assessment, symptoms, and functional goals.

Lipedema treatment

Lymphedema treatment

Sports injuries

Knee injuries

Piriformis syndrome



INTERNATIONAL PATIENTS

Gizem Adli speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge...



CONDITIONS TREATED

Lymphedema treatment

Sports injuries

Knee injuries

Piriformis syndrome

Pelvic pain and dysfunction

Restless legs syndrome



EDUCATION & TRAINING

2023–2024 Pelvic Floor Rehabilitation Training

2023 İstanbul Gelişim University

2022 Clinical Pilates Federation — Pilates Training

2020–2023 İstanbul Gelişim University Graduate Education Institute
Master's Degree



PROFESSIONAL EXPERIENCE

2022 Acibadem Healthcare Services

2021–2022 İstanbul Aydın University Medicalpark Florya Hospital



PROCEDURES PERFORMED

Lipedema treatment

ESS

Interventional pain management

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Gizem Adli about your case

Reply within 24 hours