



PHYSICAL MEDICINE & REHABILITATION

Gizem Aydın, Physiotherapist

Acibadem Atasehir Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
8+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Physical Medicine & Rehabilitation

FOCUS
Physical Medicine and Rehabilitation

HOSPITAL
Acibadem Atasehir Hospital, İstanbul

DEPARTMENT
Physical Medicine & Rehabilitation

CLINICAL FOCUS

Gizem Aydın's listed area of expertise is Physical Medicine and Rehabilitation. In this field, physiotherapy is concerned with how a person moves, how much function has been affected by illness, injury or surgery, and what can realistically be done to improve or preserve that function over time.

Rehabilitation is typically a gradual process rather than a single intervention. Progress depends on the underlying condition, the patient's overall health and the consistency of the program, and the approach is individualised accordingly.

Physical Medicine and Rehabilitation

INTERNATIONAL PATIENTS

Gizem Aydın speaks Turkish and English, and interpreters can be arranged for patients who prefer to communicate in another language. Before a visit, the hospital's international patient team coordinates the collection of prior medical reports and imaging, arranges appointments and organises the hospital visit itself, so that relevant information is available in advance.

CONDITIONS TREATED

Chronic Low Back Pain Osteoarthritis Coccydynia Bell's Palsy
Cerebral Palsy Ankylosing Spondylitis

EDUCATION & TRAINING

2018 Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences

PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Services

PROCEDURES PERFORMED

Physical medicine and rehabilitation Amputee rehabilitation
Cancer rehabilitation Pediatric physical therapy
Hyperbaric oxygen therapy Pulmonary rehabilitation

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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FREE CONSULTATION
Ask Gizem Aydın about your case
 Reply within 24 hours