



NUTRITION & DIET

Gizem Katkıcı Taşkın, Dietitian

Acibadem Maslak Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
12+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Functional Medicine

HOSPITAL
Acibadem Maslak Hospital,
İstanbul

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

A central part of Gizem Katkıcı Taşkın's work is personalized nutrition counseling. In this setting, the dietary plan is developed around the individual patient rather than a standard template, taking into account the information the patient provides about their history, habits and goals.

Gizem Katkıcı Taşkın also works in community nutrition counseling, which addresses nutrition at the level of groups and populations rather than only the individual. Within her subspecialty of Functional Medicine, she approaches nutrition as one component of a broader view of the patient's health.

Personalized nutrition counseling

Clinical nutrition counseling

Community nutrition counseling

Functional medicine

CONDITIONS TREATED

Personalized nutrition counseling

Clinical nutrition counseling

Community nutrition counseling

EDUCATION & TRAINING

2014–2018 Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences

PROFESSIONAL EXPERIENCE

2018 Acibadem Healthcare Services

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

Türkiye Diyetisyenler Association

SELECTED PUBLICATIONS

Publications are listed on the online profile.

PHONE
+90 535 876 04 89
Tap to call

WHATSAPP
+90 536 904 82 62
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WEBSITE
acibademinternational.com
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FREE CONSULTATION
Ask Gizem Katkıcı Taşkın about
your case
Reply within 24 hours