



INTERNAL MEDICINE

Gülçin Taşkın Ak, MD

Acibadem Bağdat Outpatient Clinic, İstanbul · Internal Medicine ·

Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

 EXPERIENCE
33+ years LANGUAGES
Turkish · English CONSULTS
Video · On-site PATIENTS
90+ countries SPECIALTY
Internal Medicine FOCUS
Thyroid Diseases and
Treatment HOSPITAL
Acibadem Bağdat
Outpatient Clinic, İstanbul DEPARTMENT
Internal Medicine

CLINICAL FOCUS

A large part of Dr. Ak's work concerns metabolic conditions that often appear together and may develop gradually. She assesses adults with prediabetes and type 2 diabetes, reviewing blood sugar control, existing medication and related risk factors, and she evaluates patients with obesity as part of a broader internal medicine assessment.

Within her subspecialty interest, Dr. Ak evaluates and treats thyroid diseases, drawing on the patient's symptoms, laboratory findings and any available imaging to guide management. She also sees patients with anemia, where determining the likely cause is a central step before treatment is discussed, and with gastritis.

Prediabetes Obesity Type 2 diabetes
Thyroid diseases and treatment Anemia

INTERNATIONAL PATIENTS

Dr. Ak consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as laboratory results, ultrasound or other imaging reports, pathology findings and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Prediabetes Obesity Type 2 diabetes Anemia
Hypertension Gastritis

EDUCATION & TRAINING

2001 İzmir Atatürk Training and Research Hospital Department of
Internal Medicine
1993 Ege University Faculty of Medicine

PROFESSIONAL EXPERIENCE

2023 Acibadem Healthcare Services

PROCEDURES PERFORMED

Obesity treatment Thyroid disease treatment Anemia treatment
Hypertension treatment Liver disease treatment

 ACIBADEM HEALTHCARE GROUP Verified
network figures45+
HOSPITALS & CLINICS7
JCI-ACCREDITED90+
COUNTRIES SERVED20+
LANGUAGES IN-HOUSE PHONE
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 Reply within 24 hours