

NUTRITION & DIET



Güler Aras, Dietitian

Acibadem Atakent Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
5+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Bariatric nutrition · Adult nutrition



HOSPITAL
Acibadem Atakent Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Güler Aras is a nutrition & diet specialist at Acibadem Atakent Hospital in İstanbul, Türkiye, with 5 years of experience. Listed areas of expertise include bariatric nutrition, adult nutrition, pediatric nutrition, community health nutrition and food service systems. Consultations are held in Turkish and English, and online consultation is available for international patients before travelling.

Güler Aras is a dietitian in nutrition and diet with 5 years of experience. Among the areas of expertise on this profile are pediatric nutrition, bariatric nutrition and adult nutrition; the chip grid below carries the remaining listed areas.

Bariatric nutrition

Adult nutrition

Pediatric nutrition

Community health nutrition

Food service systems



CONDITIONS TREATED

Food service systems



EDUCATION & TRAINING

2025

Acibadem Mehmet Ali Aydınlar University Health Sciences Institute

2023

Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2023

Acibadem Healthcare Services

2022

Acibadem Altunizade Hospital (Pediatric Diseases Internship)

2022

BG Life Nutrition and Counseling Center- CLINIC HUB (External Institution Internship) (BARIATRIC FIELD)

2022

Acibadem Ataşehir Hospital (Pediatric Diseases Internship)

2022

Acibadem Altunizade Hospital (Adult Diseases Internship)

2022

Acibadem Kozyatağı Hospital (Mass Feeding Systems Internship)

+4 earlier posts on the profile



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Güler Aras about your case

Reply within 24 hours