

PODIATRY & FOOT HEALTH



Gülşah Kızıl, Child Development Specialist

Acibadem Bağdat Outpatient Clinic, İstanbul · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Podiatry & Foot Health



FOCUS
Summer foot care · Callus care



HOSPITAL
Acibadem Bağdat Outpatient Clinic, İstanbul



DEPARTMENT
Podiatry & Foot Health



CLINICAL FOCUS

The listed areas of expertise of Gülşah Kızıl relate mainly to the skin and nails of the feet. Callus care addresses areas of hardened skin that form in response to pressure or friction. Cracked heel care concerns dry, fissured skin on the heel, which can be uncomfortable and, in some people, may be associated with other health factors.

Two further areas are defined by the patient's situation rather than by a single condition. Foot care during pregnancy takes into account the changes that can affect the feet in this period and the need for a cautious approach to any intervention. Summer foot care concerns the care of the feet at a time of year when open footwear, heat, and increased activity can affect the skin and nails.

Summer foot care

Callus care

Medical foot care

Thickened nail care

Foot care during pregnancy



INTERNATIONAL PATIENTS

Gülşah Kızıl speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports and, where relevant, imaging, such as laboratory results, discharge summaries, or earlier notes from foot care or dermatology consultations, and arranges the appointment and the clinic...



CONDITIONS TREATED

Summer foot care

Callus care

Medical foot care

Thickened nail care

Foot care during pregnancy

Deformed nail care



EDUCATION & TRAINING

2024

Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
+90 535 876 04 89
Tap to call



WHATSAPP
+90 536 904 82 62
Tap to chat



WEBSITE
acibademinternational.com
Open the site



FREE CONSULTATION
Ask Gülşah Kızıl about your case
Reply within 24 hours