



INTERNAL MEDICINE

## Gültekin Barut, MD

Acibadem Bahçeşehir Outpatient Clinic, İstanbul · Internal Medicine

· Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE  
35+ yearsLANGUAGES  
Turkish · EnglishCONSULTS  
Video · On-sitePATIENTS  
90+ countriesSPECIALTY  
Internal MedicineFOCUS  
Thyroid Diseases and  
TreatmentHOSPITAL  
Acibadem Bahçeşehir  
Outpatient Clinic,...DEPARTMENT  
Internal Medicine

### CLINICAL FOCUS

Dr. Barut's clinical practice covers endocrine, metabolic, digestive and general internal medicine conditions. His subspecialty interest is thyroid diseases and their treatment. He also evaluates and manages patients with type 1 diabetes and prediabetes, and provides diagnosis and treatment of metabolic disease.

In the field of digestive and general medicine, his areas of expertise include fatty liver disease, gastritis and gastroenteritis. He additionally assesses patients presenting with oedema and upper respiratory tract diseases.

Thyroid diseases and treatment

Type 1 diabetes

Prediabetes

Metabolic disease diagnosis and treatment

Oedema



### CONDITIONS TREATED

Type 1 diabetes

Prediabetes

Metabolic disease diagnosis and treatment

Oedema

Fatty liver disease



### EDUCATION & TRAINING

**2002** İstanbul University Cerrahpaşa Faculty of Medicine Internal Medicine**1991** Ege University Faculty of Medicine

### PROFESSIONAL EXPERIENCE

**2024** Acibadem Healthcare Services**2020** Republic of Türkiye Ministry of Health Beylikdüzü State Hospital Internal Medicine Specialist**2014–2020** Halkalı Atakent Acibadem University Hospital Internal Medicine Specialist (Staff Physician)**2013** Medicana Health Group, Medicana International İstanbul Hospital Internal Medicine Specialist (Staff Physician)

+6 earlier posts on the profile



### PROCEDURES PERFORMED

Thyroid disease treatment

Type 1 diabetes treatment

Liver disease treatment

Gastroenteritis treatment

ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+

HOSPITALS &amp; CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



### MEMBERSHIPS

- Turkish Association of Internal Medicine Specialists
- İstanbul Medical Chamber



### SELECTED PUBLICATIONS

- Hemochromatosis in Turkey is Not Always NON-HFE 24th National Gastroenterology Week, 2007 Poster Paper Murat...
- The Risk Factors of HCV Infection in TURKEY F. Tabak, B. Yıldırım, A. Mert, M. Akdoğan, G. Barut, H. Şentürk ;

7 publications listed on the online profile

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