



PHYSICAL MEDICINE & REHABILITATION

Hakan Sazak, Physiotherapist

Acibadem Dr. Sinasi Can (Kadikoy) Hospital, İstanbul · Physical
Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
15+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Physical Medicine &
Rehabilitation

FOCUS
Spinal Health · Movement
Disorders Treatment

HOSPITAL
Acibadem Dr. Sinasi Can
(Kadikoy) Hospital, ...

DEPARTMENT
Physical Medicine &
Rehabilitation

CLINICAL FOCUS

A substantial part of Hakan Sazak's work concerns spine health. He provides physiotherapy for patients with lumbar disc herniation and cervical disc herniation, conditions in which a spinal disc presses on nearby nerve structures and may cause back or neck pain, radiating limb pain, numbness or weakness.

He also works with patients recovering from sports injuries and knee injuries, where physiotherapy is used to support the restoration of movement, strength and function during recovery. His areas of expertise further include frozen shoulder syndrome, a condition marked by pain and progressive stiffness of the shoulder joint, and movement disorder treatment, in which rehabilitation aims to support mobility, balance and daily...

Sports injuries

Knee injuries

Spine health

Movement disorder treatment

Frozen shoulder syndrome

INTERNATIONAL PATIENTS

Hakan Sazak works with patients in Turkish and English, and interpreters can be arranged for other languages. Before a visit, the international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory results, operative notes and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Sports injuries

Knee injuries

Movement disorder treatment

Frozen shoulder syndrome

Lumbar disc herniation

Cervical disc herniation

EDUCATION & TRAINING

2011 Dokuz Eylül University School of Physical Therapy and Rehabilitation

PROFESSIONAL EXPERIENCE

2014 Acibadem Healthcare Services

2011–2013 BORFİZ PHYSICAL THERAPY AND REHABILITATION CENTER

PROCEDURES PERFORMED

Amputee rehabilitation

Cancer rehabilitation

Pediatric physical therapy

Hyperbaric oxygen therapy

Pulmonary rehabilitation

Vestibular rehabilitation

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

PHONE
+90 535 876 04 89
 Tap to call

WHATSAPP
+90 536 904 82 62
 Tap to chat

WEBSITE
acibademinternational.com
 Open the site

FREE CONSULTATION
Ask Hakan Sazak about your case
 Reply within 24 hours