



NUTRITION & DIET

Hande Selin Ok, Dietitian

Acibadem Kent Hospital (Izmir) · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
18+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Functional Medicine



HOSPITAL
Acibadem Kent Hospital
(Izmir)



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Hande Selin Ok's clinical work centers on nutrition and diet planning. This involves reviewing a patient's dietary habits, medical history and current health status, and preparing an individual nutrition plan that takes these factors into account. Plans are adjusted over time according to the patient's needs and progress, and follow-up may be arranged as appropriate.

Her second area of expertise is functional medicine nutrition, which reflects her subspecialty in Functional Medicine. In this approach, nutrition is considered as part of the patient's wider health picture, and dietary recommendations are developed in the context of the patient's medical background and any ongoing treatment.

Nutrition and diet planning

Functional medicine nutrition

Functional medicine



INTERNATIONAL PATIENTS

Hande Selin Ok speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, for example laboratory and pathology results, MRI, CT, X-ray or ultrasound reports, operative notes and discharge summaries, and arranges appointments and the...



CONDITIONS TREATED

Nutrition and diet planning



EDUCATION & TRAINING

2008–2013 Yakındoğu University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Services

2019–2021 Dietitian Private Sada Hospital, İzmir

2014–2019 Dietitian Private Medigüneş Hospital, Manisa

2013 Intern Dietitian Dokuz Eylül Hospital, İzmir

2012–2013 Intern Dietitian Rocks Hotel, Girne



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Hande Selin Ok about your case

Reply within 24 hours