



PHYSICAL MEDICINE & REHABILITATION

Hanife Durak, Physiotherapist

Acibadem Fulya Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
34+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Physical Therapy and Rehabilitation – Pain...



HOSPITAL

Acibadem Fulya Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Hanife Durak's clinical work centers on conditions of the spine and musculoskeletal system. She treats patients with lumbar disc herniation and cervical disc herniation, reduced lumbar lordosis and reduced cervical lordosis, and facet joint syndrome. Frozen shoulder syndrome is also part of her practice.

A further part of her practice is pain management, including care for patients with fibromyalgia. She also works with patients who have movement disorders and neuromuscular disorders, where rehabilitation is planned according to the individual's condition and functional needs.

Reduced lumbar lordosis

Reduced cervical lordosis

Frozen shoulder syndrome

Facet joint syndrome

Pain management



INTERNATIONAL PATIENTS

Hanife Durak speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge...



CONDITIONS TREATED

Reduced lumbar lordosis

Reduced cervical lordosis

Frozen shoulder syndrome

Facet joint syndrome

Pain management

Fibromyalgia



EDUCATION & TRAINING

- 2004** Fach Klinik für Nörologie Hennef Allner Internship
- 2000–2002** Innsbruck University Orthopedics, Neurology, Intensive Care, Speech Therapy and Occupational Therapy Internship
- 1992** İstanbul University İstanbul Faculty of Medicine



PROFESSIONAL EXPERIENCE

- 2012** Acibadem Healthcare Services
- 2010** Fیزیogem Physical Therapy and Rehabilitation Center
- 2007–2010** Fullcare Physical Therapy and Rehabilitation Center
- 2006–2007** Anadolu Health Center
- 2002–2005** Florance Nightingale Hospital

+2 earlier posts on the profile



PROCEDURES PERFORMED

Manual therapy

Interventional pain management

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Hanife Durak about your case

Reply within 24 hours