



GET APPOINTMENT

Hilal Uslu, Physiotherapist

Acibadem Altunizade Hospital, İstanbul · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
10+ years

CONSULTS
Video · On-site

LANGUAGES
Turkish · English

PATIENTS
90+ countries

SPECIALTY

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FOCUS

Respiratory Therapy

HOSPITAL

Acibadem Altunizade Hospital, İstanbul

DEPARTMENT

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CLINICAL FOCUS

Within the respiratory therapy unit, Hilal Uslu works with patients who need support in improving breathing function and physical endurance. Pulmonary rehabilitation is planned on the basis of an individual assessment of the patient's current condition and everyday limitations, and the program is adjusted over time as the patient's capacity changes.

Her practice in pelvic pain focuses on evidence-based physiotherapy techniques aimed at reducing discomfort and restoring quality of life. This includes pelvic floor physiotherapy, in which the findings of the initial assessment guide a structured, individualized program.

- Respiratory therapy
- Pulmonary rehabilitation
- Pelvic pain treatment
- Pelvic floor physiotherapy

INTERNATIONAL PATIENTS

Hilal Uslu consults in Turkish and English, and interpreters can be arranged for other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital visit...

EDUCATION & TRAINING

2016 Yeni Yuzyil University — Physiotherapy and Rehabilitation

PROFESSIONAL EXPERIENCE

2017 Acibadem Healthcare Group

PROCEDURES PERFORMED

- Pulmonary rehabilitation
- Pelvic pain treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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WEBSITE
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FREE CONSULTATION
Ask Hilal Uslu about your case
Reply within 24 hours