



NUTRITION & DIET

Hüda Sevimli, Dietitian

Acibadem Maslak Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
4+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Weight management in children and...



HOSPITAL
Acibadem Maslak Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

A significant part of Hüda Sevimli's work concerns weight management in children and adolescents. In this age group a dietary plan has to account for growth, school routines and family eating habits, and she works with parents as well as the young patient to set realistic, age-appropriate goals rather than restrictive targets.

Hüda Sevimli also advises on nutrition for bedridden patients, where the aim is to maintain adequate energy, protein and fluid intake, to support general condition during a period of immobility and to adapt food texture and meal timing to the patient's situation and to the care available at home or in hospital.

Weight management in children and adolescents

Iron deficiency nutrition

Nutrition for bedridden patients

Pregnancy nutrition



INTERNATIONAL PATIENTS

Hüda Sevimli speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports — for example laboratory and pathology results, discharge summaries, operative notes and any relevant imaging reports such as MRI, CT, X-ray or ultrasound — and arranges appointments...



CONDITIONS TREATED

Weight management in children and adolescents

Nutrition for bedridden patients



EDUCATION & TRAINING

2022 Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Services



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
+90 535 876 04 89
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WHATSAPP
+90 536 904 82 62
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WEBSITE
acibademinternational.com
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FREE CONSULTATION
Ask Hüda Sevimli about your case
Reply within 24 hours