

PSYCHOLOGY



İlayda Cebeciler, Clinical Psychologist

Acibadem Maslak Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



CONSULTS
On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Psychology



FOCUS
Anxiety disorders ·
Depression



HOSPITAL
Acibadem Maslak Hospital,
İstanbul



DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

İlayda Cebeciler's clinical interests center on anxiety disorders, depression, adjustment disorders and stress management. Her approach draws on cognitive behavioral therapy, a structured, time-limited form of psychotherapy that focuses on the relationship between thoughts, emotions and behavior.

A further area of her work is psycho-oncology support, which involves helping patients and their families manage the emotional and psychological burden that can accompany a cancer diagnosis and its treatment. In addition, she carries out psychological assessment and personality testing, which may be used to clarify a clinical picture, support diagnostic decisions made by the...

Anxiety disorders

Depression

Psycho-oncology support

Cognitive behavioral therapy

Psychological assessment

INTERNATIONAL PATIENTS

For patients traveling from abroad, the international patient team coordinates the collection of prior reports before the visit, such as previous psychological or psychiatric assessments, discharge summaries, laboratory results and any relevant imaging reports, and arranges appointments and the hospital visit itself.

CONDITIONS TREATED

Anxiety disorders

Depression

Psychological assessment

Stress management

Adjustment disorders

Grief counseling

EDUCATION & TRAINING

2023 Istanbul Kent University — Clinical Psychology

2020 Istanbul Bilgi University — Psychology

PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Group

2023 Istanbul Training and Research Hospital

2023 Psycho-Oncologists Association

PROCEDURES PERFORMED

Psycho-oncology support

Cognitive behavioral therapy

Depression treatment

Alcohol use disorder treatment

Anorexia nervosa treatment

Drug addiction treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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+90 535 876 04 89
 Tap to call



WHATSAPP
+90 536 904 82 62
 Tap to chat



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FREE CONSULTATION
Ask İlayda Cebeciler about your case
 Reply within 24 hours