



FAMILY MEDICINE

Prof. İsmet Tamer, MD

Acibadem Maslak Hospital, İstanbul · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
34+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Family MedicineFOCUS
Functional MedicineHOSPITAL
Acibadem Maslak Hospital,
İstanbulDEPARTMENT
Family Medicine

CLINICAL FOCUS

Dr. Tamer's practice centers on the long-term care of adults, including chronic disease management, health management and periodic health check-ups. He works with patients on healthy lifestyle planning and addresses age-related health concerns through geriatric health care, anti-ageing care and longevity applications, applying functional...

He also offers family and marital counselling and performs botulinum toxin applications. The suitability of any assessment or procedure is decided individually after a clinical evaluation.

Family and marital counselling

Anti-ageing care

Botulinum toxin applications

Functional medicine

Chronic disease management



CONDITIONS TREATED

Family and marital counselling

Anti-ageing care

Chronic disease management

Health management

Health check-ups



EDUCATION & TRAINING

- 2019** İstinye University — Family Medicine — Professorship
- 2011** ÜAK - Uludağ University — Family Medicine — Associate Professorship
- 2002** Dr.Lütfi Kırdar Kartal Training and Research Hospital Family Medicine
- 1992** İstanbul University Cerrahpaşa Faculty of Medicine



PROFESSIONAL EXPERIENCE

- 2023** Acibadem Healthcare Services
- 2022–2023** İstinye University, Faculty of Humanities and Social Sciences — Dean
- 2020–2022** İstinye University, Faculty of Health Sciences — Dean
- 2019** İstinye University, Faculty of Medicine, Department of Family Medicine — Department Chair

+9 earlier posts on the profile



PROCEDURES PERFORMED

Botulinum toxin applications

Longevity applications

Longevity

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Dünya Aile Hekimleri Organizasyonu (VVONCA)
- American Psychology Association (APA)
- Turkish Association of Family Physicians Specialists (TAHUD)
- Founding member – President of the Family Medicine Education and...

+11 further societies on the profile



SELECTED PUBLICATIONS

- Frequency of COVID-19 Vaccination, Level of COVID-19 Fear among University Students: A Cross-sectional Study.
- Comparison of Muscle Mass between Obesity Classes by Different Formulas in Diabetes Mellitus Int J Med Res Health...

11 publications listed on the online profile

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Reply within 24 hours