

PSYCHIATRY



Assoc. Prof. İzgi Alniak, MD

Acibadem Bakirkoy Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
19+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Psychiatry

FOCUS
Smoke-Free Life

HOSPITAL
Acibadem Bakirkoy
Hospital, İstanbul

DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

A central part of Dr. Alniak's practice is addiction psychiatry, including addiction treatment, substance dependence and smoking cessation, reflecting her years at the AMATEM CLINIC. She also assesses and treats a range of mood and anxiety conditions, including anxiety disorders, panic disorder, social phobia and specific phobias, as...

Her areas of expertise further include atypical psychosis and personality disorders, notably borderline personality disorder and dependent personality disorder. Treatment planning in each of these areas depends on a careful psychiatric assessment, and the approach is adapted to the individual patient's history, symptoms and circumstances.

Smoking cessation

Anxiety disorders

Atypical psychosis

Addiction treatment

Bipolar disorder

CONDITIONS TREATED

Anxiety disorders

Atypical psychosis

Bipolar disorder

Substance dependence

Panic disorder

EDUCATION & TRAINING

2014 Ord. Prof. Dr. Mazhar Osman Mental Health and Diseases
Training and Research Hospital Mental Health and Diseases

2007 Kocaeli University Faculty of Medicine

PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services

2025 Özel Muayehane

2022–2025 Bakırköy Prof. Dr. Mazhar Osman Mental Health and
Neurological Diseases Training and Research Hospital AMATEM
CLINIC:...

2014–2022 Bakırköy Prof. Dr. Mazhar Osman Mental Health and
Neurological Diseases Training and Research Hospital AMATEM
CLINIC:...

+2 earlier posts on the profile

PROCEDURES PERFORMED

Smoking cessation

Drug addiction treatment

Major depression

ESS

Depression treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- TURKISH PSYCHIATRIC ASSOCIATION
- ADDICTION PSYCHIATRY ASSOCIATION
- İSTANBUL MEDICAL CHAMBER

SELECTED PUBLICATIONS

Publications are listed on the online profile.

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+90 535 876 04 89
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 Reply within 24 hours