



PHYSICAL MEDICINE & REHABILITATION

Kübra Otabaş, Physiotherapist

Acibadem Altunizade Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
15+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Treatment of Lymphedema
· Movement...



HOSPITAL

Acibadem Altunizade Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Kübra Otabaş is a physical medicine & rehabilitation specialist at Acibadem Altunizade Hospital in İstanbul, Türkiye, with 15 years of experience. Listed areas of expertise include lymphedema treatment, sports and knee injuries, movement disorder treatment, spine health and restless legs syndrome. She consults in Turkish and English, and online consultation is available for international patients before travelling.

Kübra Otabaş is a physiotherapist working in physical medicine and rehabilitation, with 15 years of experience. She treats conditions affecting muscles and nerves, among them neuromuscular disorders, myopathy, piriformis syndrome and restless legs syndrome, and her work also takes in Parkinson's rehabilitation.

Lymphedema treatment

Sports and knee injuries

Movement disorder treatment

Spine health

Restless legs syndrome



CONDITIONS TREATED

Lymphedema treatment

Sports and knee injuries

Movement disorder treatment

Restless legs syndrome

Neuromuscular disorders

Myalgia



EDUCATION & TRAINING

2011

Başkent University Health Sciences Institute



PROFESSIONAL EXPERIENCE

2017

Acibadem Healthcare Services

2014–2016

Liv Hospital



PROCEDURES PERFORMED

Manual medicine and manual therapy

ESS



ACIBADEM HEALTHCARE GROUP Verified

network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Kübra Otabaş about your case

Reply within 24 hours