



ACIBADEM LIFE CLINICAL SERVICE

Kumsal Kurucu, MD

Acibadem Atasehir Hospital, İstanbul · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
6+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countries

SPECIALTY

Acibadem Life Clinical
Service

FOCUS

Evidence-based nutrition
care · ...

HOSPITAL

Acibadem Atasehir
Hospital, İstanbul

DEPARTMENT

Acibadem Life Clinical
Service

CLINICAL FOCUS

Dr. Kurucu's work centers on evidence-based nutrition care, meaning that dietary recommendations are developed with reference to the patient's clinical situation and current nutritional evidence rather than general assumptions.

Alongside meal planning, Dr. Kurucu provides lifestyle modification counseling and sustainable dietary guidance. The aim of this counseling is to support gradual, realistic changes in eating and daily habits that a patient can maintain in the long term, rather than short-term measures.

Evidence-based nutrition care

Personalized meal planning

Lifestyle modification counseling

Sustainable dietary guidance



INTERNATIONAL PATIENTS

Dr. Kurucu consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, such as laboratory and pathology results, MRI, CT, X-ray or ultrasound reports, operative notes and...



CONDITIONS TREATED

Evidence-based nutrition care

Personalized meal planning

Lifestyle modification counseling

Sustainable dietary guidance



EDUCATION & TRAINING

- 2019–2022** Bahçeşehir University Institute of Health Sciences Department of Nutrition and Dietetics (High Honor Graduate) — ...
- 2019** Bahçeşehir University Faculty of Health Sciences
- 2018** Bahçeşehir University Faculty of Health Sciences
- 2016–2019** Bahçeşehir University Faculty of Health Sciences Physiotherapy and Rehabilitation — Double Major



PROFESSIONAL EXPERIENCE

- 2023** Acibadem Health Group
- 2022–2023** Medicana Hospital Ataşehir Specialist Dietitian
- 2021** Posturalgia Physiotherapist & Dietitian
- 2020** Alptekin Physical Therapy and Rehabilitation Center Dietitian
- 2020** Wellpoint Group of Companies Dietitian

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Young Dietitians
- Turkey Clinics
- Dietitian World



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Dr. Kurucu about your case

Reply within 24 hours