



PHYSICAL MEDICINE & REHABILITATION

Melisa Yay, Physiotherapist

Acibadem Kent Hospital (Izmir) · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Physical Therapy and
Rehabilitation – Pain...



HOSPITAL

Acibadem Kent Hospital
(Izmir)



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

Melisa Yay is a physical medicine & rehabilitation specialist at Acibadem Kent Hospital in İzmir, Türkiye, with 1 years of experience. Listed areas of expertise include manual therapy, pain treatment, pelvic floor rehabilitation, pelvic pain and functional disorders and frozen shoulder syndrome. She consults in Turkish and English, and online consultation is available for international patients before travelling.

Melisa Yay is a physical medicine and rehabilitation practitioner with one year of experience, whose work sits within the field of physical therapy and rehabilitation with pain management as a named subspecialty. She graduated from İzmir Bakırçay University in 2025 and joined Acibadem Healthcare Services that same year. She sees patients at Acibadem Kent Hospital in İzmir, Türkiye.

Manual therapy

Pain treatment

Pelvic floor rehabilitation

Pelvic pain and functional disorders

Frozen shoulder syndrome



CONDITIONS TREATED

Pelvic pain and functional disorders

Frozen shoulder syndrome

Sports injuries

Knee injuries

Facet joint syndrome

Lumbar disc herniation



EDUCATION & TRAINING

2025

İzmir Bakırçay University



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



PROCEDURES PERFORMED

Manual therapy

Pain treatment

Amputee rehabilitation

Cancer rehabilitation

Pediatric physical therapy

Hyperbaric oxygen therapy



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Melisa Yay about your case

Reply within 24 hours